

## May 2018      Planned Activities and Schedule for OOYC Youth Sailing

Dear Sailor and Parents:

The 2018 season of the Oak Orchard Yacht Club Sailing Program is about to begin. We are looking forward to a fun-filled two weeks running from July 9<sup>th</sup> to July 20<sup>th</sup>, followed by a similar 2 week session running from July 23<sup>rd</sup> to August 3<sup>rd</sup>.

We will be meeting at the Sailing Shed, located at the bottom of the hill behind OOYC at 9 am on July 9<sup>th</sup>. Our daily sessions will run from at 9am-4pm.

Enclosed you will find a medical release form that needs to be completely filled out and signed. This will need to be received no later than the first day of class, together with the balance of your course fee in order to participate.

Please bring the following items with you each day:

- ✚ Lunch with your name on it in a waterproofed bag. (Coolers will be available for storage)
- ✚ Extra water bottle
- ✚ Personal Floatation Device (USCG approved life jacket) – The vest type with the zipper in the front works best.
- ✚ Towel and dry clothes
- ✚ Sunscreen
- ✚ Footwear to be worn in water (water shoes or an old pair of sneakers that will not fall off when immersed.)
- ✚ A BIG SMILE and a POSITIVE ATTITUDE! We are going to learn a lot about sailing and have a great time doing it!

On the 2nd Friday of both Session 1 and 2, we will have a picnic at OOYC and your family members are invited to attend. There will be a minimal charge for each person. After the picnic you can invite your family members to sail with you at that time. We will send more info on this as the date nears.

If you have any questions, please call Jim New @ (954) 632 6630, or email me at [jimnew30@gmail.com](mailto:jimnew30@gmail.com). On the following page, you'll find a general course outline we'll be following this year and key events over the entire Youth Sailing Season (Sessions 1 & 2).

Your input is welcome on the course format, or particular sailing skills, methods or techniques you're interested in having emphasized for your child. Also, don't hesitate to speak-out with constructive input on what else you would like to see happening with your sailing camp !

Thank You !,

Jim and the other Sailing Instructors

### Team Structure of the Camp

We usually have a high number of returning youth sailors who have attended our camps in previous seasons. Some of the sailors are now at the “advanced” stage of their sailing abilities. On the first day of camp, we plan to structure 2 or 4 man teams who will work together for the entire 2 week session.

We basically have 3 groups of kids: 1. The Opti sailors, who are new to sailing, and still building confidence on the Opti before they move up to the more challenging 420 sailboat; 2) 420 sailors who know how to rig the boat and sail either in the crew or skipper position; 3) Advanced 420 sailors who really are focused on “go-fast” sailing, and who are interested in racing.

The Teams will be formed from Groups 2 & 3, while Group 1, the Opti Sailors, will stay together for the basic skills – building techniques that are essential before moving up to the 420s.

All Groups will be together for camp activities that do not involve on-the-water training.

### **Key Events for Youth Sailing Camps #1 and # 2.**

#### **Session 1**

July 9<sup>th</sup> – Start of Camp, practice open water capsizing, man overboard drills, drills on docking and mooring, and righting a “turtled” boat

July 10<sup>th</sup> – Emphasis on proper rigging for both the Opti and 420 sailboats; Pizza Day @ 3 pm, open water training

July 11<sup>th</sup> – Practice Knot Tying, open water training

July 12<sup>th</sup> – Weather permitting, dry run of 420 relay race involving Groups 2 & 3, and ice cream @ 3pm

July 13<sup>th</sup> - Pirates Day

**July 14<sup>th</sup> Annual OOYC Boat Parade, 2 pm.** Kids and Parents can participate in this fun event with decorated 420 and Opti Sailboats. More info on this later...

July 16<sup>th</sup> – Opti Race practice for Group 1, and practice racing starts for Groups 2 & 3

July 17<sup>th</sup> - Pizza Day @ 3 pm, 420 Relay Race for Groups 2 & 3

July 18<sup>th</sup> – Tie dying T shirts, Opti Race for Group 1

July 19<sup>th</sup> - Left Open, to be filled with one of the activities above which got cancelled due to bad weather. Ice cream @ 3 pm.

July 20<sup>th</sup> – Camp barbecue at 12:30 pm, with awards and presentations.

Session 2 will follow a similar schedule, except that some Opti sailors may transition into the Group 2 420 sailors, and Group 3 420 sailors will learn more about tuning a sailboat for optimum performance, rules of the road, and racing tactics.